



Prevention: The Focus of your Well-Women Visit

One of the best ways to keep healthy is through preventative care. That is why majority of insurances have special “well-care visits” that are generally covered as part of the Preventative services benefit. These visits focus on preventive care for women to prevent future disease or catch health problems through screening.

You may already have health issues or conditions that we are managing, but today’s focus will be on avoiding future health issues from developing.

Services not typically covered in your Well-Women’s preventive care visit would NOT be covered by Preventive Services benefit. If any of these services are provided today, they will need to be coded appropriately and submitted to your insurance plan. In that case, you could be billed for a non-preventative care office visit or for other tests, depending on the specific services provided and your insurance plan’s coverage. This may mean that a copay, coinsurance, or deductible will apply. If you would like to keep these visits separate, we would be happy to schedule another appointment for a different date.

Your health is important to us and we want to address your concerns. We also want to help avoid any billing issues. For details on your coverage, please call your health plan’s customer service department on the back of your insurance card.



What’s typically considered preventive care and included in your Well-Women visit:

Review medical history, health habits and updating immunizations

A brief physical exam that may include breast & pelvic exam

The following screenings may be ordered during your visit: Pap, STD, Mammogram, Bone density & more based on age (Thyroid tests are not preventive screening test)

Education on good health related behaviors

What’s typically NOT included in your Well-Women visit:

Evaluation and diagnosis of new health issues or concerns

Problem visits, including detailed discussions of chronic conditions

Lab tests for new conditions or acute illnesses

Prescribing of new medications or adjustment of current medications